



## Video title: “Are you involved in any employee networks?”

This is a transcript of text in the video titled “Are you involved in any employee networks?”.

The bank does the, what they call the Rainbow Network.

So it'd be the LGBT network, and that's great because we run events through the year. Very social events and very inclusive events.

And then also for June - obviously Pride Month - so we had a flag raising ceremony, we had kind of kick starting pride month event.

We walked in the parade together and yeah, so it's nice.

It's nice to have those different aspects to work that kind of branch beyond your day to day.

The Bank has a sports and social club with a lot of different kind of sub-clubs in it. I myself, I play tag rugby with the bank once a week.

So that's really fun because you actually get to meet a lot of different people from different teams and divisions within the bank, and play a bit of tag and then go for some drinks.

And it's a really good way to meet people and a lot of grads and interns and kind of younger people in the bank play it as well.

I actually worked out with you a bit. Yeah, it's really fun.

I actually didn't even know that that was like a thing. It's really good fun.

And then within sports and social, they also organise fitness classes. So for me I just decided to give rowing a go.

It was just good fun. They do loads of other stuff. I did yoga at one point, which was nice.

Sometimes I do it during work, so if you have lunch and want to just chill out.

Yeah I saw that, during break. Yeah. So yeah, it's really nice.

And they're subsidised, so they're not expensive for the amount of classes you get.