



## How can I protect myself from financial scams?

This is a transcript of text in the video titled “How can I protect myself from financial scams?”.

How can I **protect myself** from **financial scams**?

Fraudsters are using increasingly **sophisticated** methods to try to gain access to **your money and personal data**.

These methods include **fake websites, social media, and bogus calls and texts**.

A fraudster might try to persuade you to **buy a financial product or invest your money**.

Or they might **promise you a loan** or encourage you to purchase a **cheap – but fake – insurance policy**.

If you receive a phone call, email or text **unexpectedly**, take the **SAFE** test.

### **S – Stop**

**Stop**, think and ask yourself:

**What** is this firm offering? **Who** is contacting me? **Where** did they get my contact details?

### **A – Assess**

**Assess** the information you are being given and check **Central Bank of Ireland’s online registers** to see if the firm is authorised.

Even if the firm **appears to be authorised**, make sure it is genuine and hasn’t just **copied the details of a real firm**.

### **F – Fact-check**

**Fact-check** the offer. **Never provide your personal information** or agree to send money unless you are sure **the firm is authorised and genuine**.

### **E – Expose and report**

**Expose** fraudsters by reporting them to us.

We have powers to investigate and **take action against fraudsters**.

And remember – **the Central Bank will never contact you asking for money, your personal data or your PPS number**.



Banc Ceannais na hÉireann  
Central Bank of Ireland

Eurosystem

# Video Transcript

Find out more: [www.centralbank.ie/safetest](http://www.centralbank.ie/safetest)